

CELL PHONES



Human-made EMF affects all humans and all living things. In many ways, we all share the same concerns and risks.

But women have three areas of specific concerns when it comes to EMF.

Fertility, Pregnancy, and Bras.

So, let's get started.



### FERTILITY





OCTOBER 315T-NOVEMBER 6TH 2009

Economist.com

Obama's paradoxical first year

Capital floods into India

Are functional foods the future?

Let prisoners vote

Van Gogh's luminous letters

### **Falling fertility**

How the population problem is solving itself



There's a large, and growing, body of peer-reviewed science demonstrating the link between cell phone radiation and male infertility.

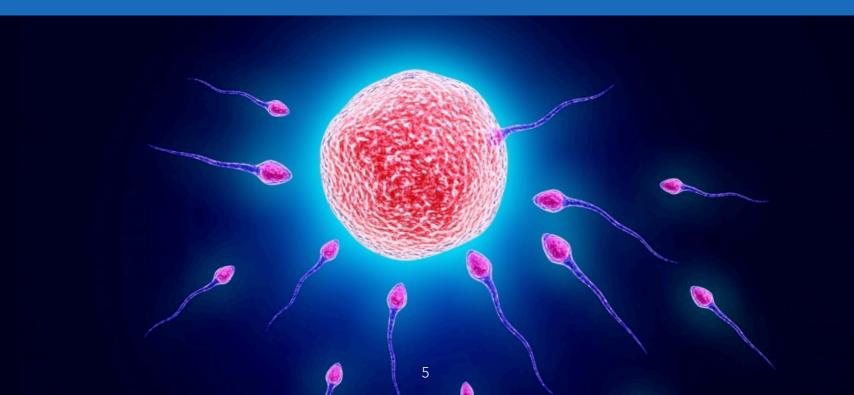
Especially when men carry their phones in their pockets.

But what about women?





Female reproductive cells (eggs) are very different from male reproductive cells (sperm) in two important ways.



1

Eggs are protected, deep inside each woman's body. And the body provides natural shielding against EMF.

Whereas sperm resides outside the body, in the testicles.

This means that sperm is **much** more vulnerable to EMF radiation exposure than are eggs.



2

Women are born with all their eggs, whereas men create new batches of sperm every single day.

This means that damage to eggs is permanent, whereas damage to sperm can frequently be repaired very quickly (within a day).



So, eggs are more protected from EMF radiation.

But once damaged, eggs are damaged permanently.

So in that sense, men's reproductive cells are more resilient.

READ MORE>



But that's not the whole story.



Women's eggs may be more resilient to radiation from cell phones in pockets than are male sperm.

But that doesn't mean cell phone radiation exposure is safe for women and their reproductive systems.





In 2014, researchers in one study demonstrated that increased stress can lead to a significant decline in a woman's fertility, and ability to become pregnant.

Women with the highest levels of alpha-amylase (an indicator of stress) had a 29% reduced chance of conceiving.



Another study from 2009 revealed that people living within 100 meters of a cell phone tower had notably higher levels of *alpha-amylase* in their bodies.





A 2017 study found that "mobile phone exposure impairs female reproductive system" by increasing oxidative and nitrosative stress.



In other words, living near a cell tower increases your physical stress, in ways that reduces female fertility.

This suggests that increased exposure to cell phone radiation decreases female fertility— even though a woman's eggs are more protected than a man's sperm.



Once a man impregnates a woman, any further damage that the man experiences from EMF will not harm the child.

But that's not the same for the woman, since the woman will host the fetus for nine months.

Which brings us to...



### PREGNANCY



For women, concerns about exposure to EMF aren't only about fertility, but also about the health and safety of the fetus.

And there's a large and growing body of research demonstrating that fetuses are quite vulnerable to damage from exposure to EMF radiation in utero.





### A 2017 STUDY FROM KAISER PERMANENT FOUND

Pregnant women with a higher exposure to EMF magnetic fields had a **three times increased risk of miscarriage**.



A 2014 STUDY FROM DR. L. LLOYD MORGAN, DR. SANTOSH KESARI, & DR. DEVRA LEE DAVIS FOUND

"The fetus is in greater danger than children from exposure to" wireless radiation.



The damaging health effects from your fetus' EMF exposure in utero can take years to manifest.





A 2008 STUDY FROM UCLA FOUND

Prenatal EMF exposure **doubled** the incidence of behavioral problems by the age of 7.





# IN 2012, THE BIOINITIATIVE REPORT CONCLUDED

"Fetal and early childhood exposures to cell phone radiation and wireless technologies in general may be a risk factor for hyperactivity, learning disorders and behavioral problems in school."





### A 2011 STUDY FROM KAISER PERMANENTE FOUND

The more EMF a fetus was exposed to in utero, the greater the chance that baby developed asthma by age 13.





IN 2012, A STUDY FROM THE UNIVERSITY OF SOUTHERN CALIFORNIA FOUND

Children who had prenatal and postnatal exposure to cell phones were 50% more like to have behavioral problems by age 7.





### A 2012 STUDY FROM KAISER PERMANENTE FOUND

The more EMF a fetus was exposed to in utero, the greater the chance that baby developed persistent obesity by age 13.



As I explained earlier, female eggs are more protected from damage from EMF than is sperm. So, carrying a cell phone in your pocket isn't as risky for fertility for women, as it is for men.

But, that doesn't mean it's safe for women to carry cell phones in their pockets.

In fact, some women have a different habit that is of concern.



### BREASTS & BRAS

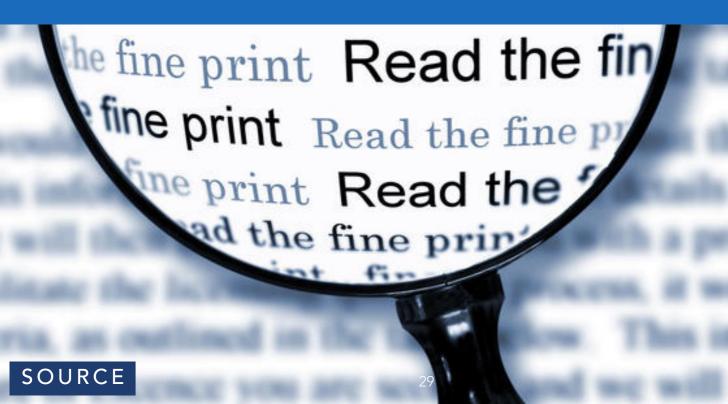


A 2017 study from Monash University in Australia revealed that a quarter of women surveyed had carried their smartphone tucked into their bra – with 15 percent doing so in the past week.



Even cell phone companies like Apple warn you not to carry your phone in your bra or pocket, because your radiation exposure can exceed FCC regulations.

YES REALLY, IT'S IN THE MANUAL







A 2013 STUDY FROM BREASTLINK CONCLUDED

That carrying a cell phone in your bracan **significantly** increase the risk of developing breast cancer before the age of 40.



# THESE ARE THREE OF THE MOST IMPORTANT CONCERNS ABOUT CELL PHONES FOR WOMEN



### SO WHAT CAN YOU DO?



# IT COMES DOWN TO 2 RULES

### MINIMIZE USAGE & MAXIMIZE DISTANCE



# 1

### MINIMIZE YOUR USAGE

The best way to reduce your exposure to EMF radiation from wireless devices is to reduce your usage of wireless technology.

That may seem obvious and difficult, but there are many simple ways to do this without impacting your enjoyment of wireless technology.



### ONE WAY TO MINIMIZE USAGE

Put your cell phone into airplane mode when you're not using it.

For example, you're on a walk with your spouse or child. Does your phone really need to be on?



#2

### MAXIMIZE DISTANCE

The power of EMF radiation diminishes **exponentially** with distance. This is why cell phone companies tell you not to keep your phone in your pocket.

### Every inch matters.

So create as much distance as possible between your body and devices that emit EMF radiation.



# ONE WAY TO MAXIMIZE DISTANCE

Don't keep your phone in your pocket or bra or hold it against your head.

Keep your phone further away from your body, and only use it with a headset or in speaker mode.



These are just a few ways to **minimize** your usage of EMF emitting devices, and **maximize** your distance from the EMF emitting devices when you do use them.

Once you start thinking in this way, you'll start to think of more ways you can live healthier and reduce your exposure.

If you think of any other ways, please let me know! I want to hear your ideas.

TELL ME YOUR IDEAS >



In addition to these basic tactics to reduce your exposure to EMF radiation, you can consider

EMF protection products
like the ones we sell at SYB.



Based in Las Vegas, NV and in business since 2012, SYB is one of the most trusted names in EMF protection.

Our products are based on well-established, laboratory tested science, designed to help you live healthier in balance with modern technology.



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SYB Phone Pouch makes it safer to carry your phone



SYB Air Tubes makes it safer to use your phone

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